



**OFFICE OF THE PRINCIPAL
T. S. PAUL MANIPUR WOMEN'S COLLEGE**

**NOTICE
12th December 2022**

No. 047/TSPMWC/PR/2022: It is hereby informed to all the staffs and students that a “**One Day Menstrual Hygiene Awareness Campaign**” will be held on 20th December 2022, at Trinity Public School, Mongshangei. All the staffs and students are requested to attend the Awareness Programme without fail.

Sd/-

Principal

T. S. Paul Manipur Women's College

Copy to:

1. Guard File
2. Notice Board
3. Secretary, GB
4. Concerned Department
5. IQAC

Mzandita
Principal

T.S. Paul Manipur Women's College
Mongshangei, Imphal-West
Manipur



A ONE DAY MENSTRUAL HYGIENE AWARENESS SENSITIZATION CAMPAIGN

Organised by:
Department of Sociology and Women Cell,
T. S. Paul Manipur Women's College,
Mongshangei

Campaign at The Trinity Public School,
Mongshangei

Cordially request your kind presence in the Campaign
On
20th December, 2022

Aims of the Campaign-

Raise Awareness: To impart the insights of menstrual hygiene to mainly non-menstruating girls as well as the boys students of the school. In addition to the paradigm associated with menstrual hygiene specifically. Also, to contribute to the local development of the area through the school at the college. Through informative sessions, interactive discussions, and engaging activities, we aim to spread awareness about menstrual hygiene, debunk myths, and educate the students of the school on the significance of adopting healthy menstrual practices.

Destigmatize Conversations: By providing a safe and open platform for dialogue, we seek to break down societal taboos surrounding menstruation. It's time to normalize conversations around periods and encourage inclusivity and understanding.

Principal
T.S. Paul Manipur Women's College
Mongshangei, Imphal-West
Manipur

Report

T. S. Paul Manipur Women's College

Department of Sociology

It is hereby enlightened that the Department of Sociology had organized One-day Menstrual Hygiene Campaign in collaboration with Women Cell of the College at The Trinity Public School, Mongshangei on 20 December, 2022.

OBJECTIVE :

The objective of the campaign was to impart the insights of menstrual hygiene to (non)menstruating girls as well as boys of Class VI students of the school. Furthermore, it was conducted to impart the social paradigm associated with menstrual hygiene specifically. Another focus of the campaign was to contribute to the local development of the area through the school at the college level.

ITINERARY:

The Faculties of the Department of Sociology had searched high and low to seek for government schemes and booklet. We were successful in our attempt to achieve the above. Through the information acquired from Department of Social Welfare, Government of Manipur we were able to provide sanitary pad and a booklet to each student of Class VI. It was also presented to the staffs of the school. The sanitary pads were acquired through Pradhan Mantri Bhartiya Jan Aushadhi Kendra from Chingmeirong, Khongnang, Ani Karak at a subsidized rate. The booklet was acquired from We TheChange at Mantripukhri. Both the products were collected personally by the faculty members of the Department.

On the day of the campaign, the teachers and students of the college were welcomed by the Principal and staffs of the Trinity Public School. The Awareness speeches were delivered bilingually by two of faculty members respectively. They were Pangambam Sophia Devi and Elena Heisnam, Assistant Professors of the Department of Sociology. More than 170 people graced the campaign. 113 students of Class VI, the Principal of the school and their teaching and non-teaching staffs, faculty members from other departments of our college, IQAC members, members of the Women cell, faculty members of our Department as well as students of the college were in attendance. The Head of Department of Department of Sociology presented a small token of appreciation to the Principal of the school. The campaign was closed with the distribution of sanitary pads, booklets and refreshments to the people in attendance.

SUPPORT SYSTEM:

The Governing body and Principal of the college had been cooperative in our endeavors. The willingness of the authority to make our campaign successful is commendable. It was through their moral and financial supports that we were able to organize the campaign. We are truly grateful for your kind action and words. The Principal and teachers of The Trinity Public School



Edit with WPS Office

Mhandita
Principal
T.S. Paul Manipur Women's College
Mongshangei, Imphal-West
Manipur

were magnanimous in their endeavors to make the campaign a successful one.

FEEDBACK:

The Principal of the Trinity Public School extended his appreciation for the campaign. He further acknowledged that the campaign is helpful for everyone, not just girl students. The reactions and responses of the students were enthusiastic. They are willing to absorb what is being imparted to them. It was a very lively campaign. Both the college and school contributed in bringing awareness to the local people as most of the students were from the surrounding area. The Department of Sociology had conducted the Campaign successfully. It was possible because of the guidance and support of our Principal and Governing Body. Kindly support us in our future endeavors too.

Copy to:

Prepared by:

Akoijam Monika Chanu,
Assistant Professor,
Department of Sociology.



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A handwritten signature in blue ink, appearing to read 'Principa'.

Principal
T.S. Paul Manipur Women's College
Mongshangei, Imphal-West
Manipur



Imphal, Manipur, India

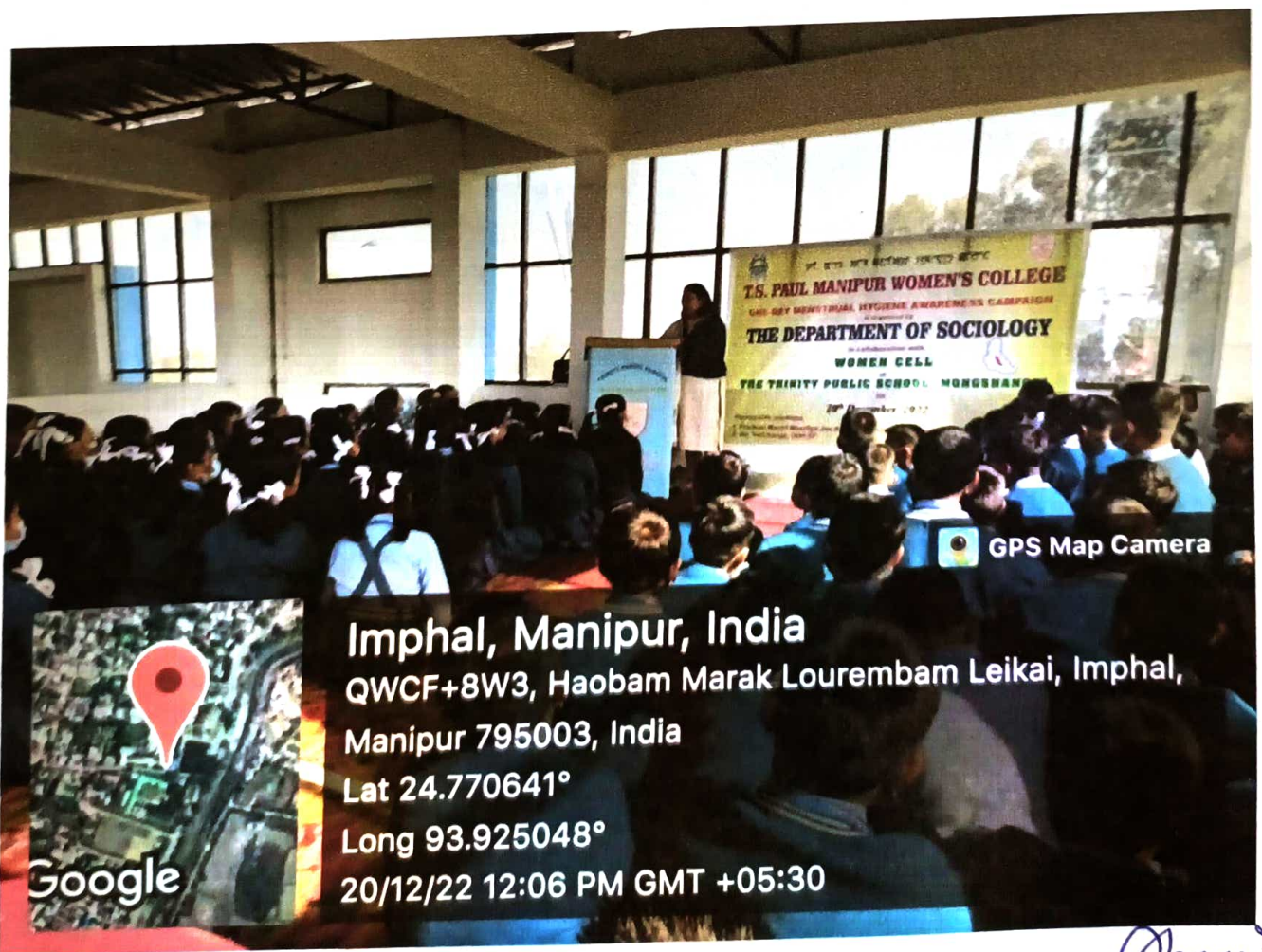
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Manipur 795003, India

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Manipur 795003, India

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Long 93.925048°

20/12/22 12:06 PM GMT +05:30

Ohmandit
Principal
T.S. Paul Manipur Women's College
Mongshangei, Imphal-West
Manipur

ATTENDANCE

"One- Day Menstrual Hygiene Campaign"

Organised by Dept. of Sociology

(20TH DEC, 2022)

SL.NO.	STUDENTS NAME	SIGNATURE
1.	Longjam Bonika	d. Bonika
2.	Nongmaithem Brenjeela Devi	Brenjeela Devi
3.	Chinglembi Soram	Chinglembi
4.	Pretty Thoudam	Th. Pretty
5.	Thongam Nandiya Devi	Nandiya
6.	Thokchom Twinkle Devi	Th. Twinkle Devi
7.	Riya Thoidingjam	Riya Thoidingjam
8.	Meena Jajo	Meena Jajo
9.	Sekho Dingthoi Grammy Chiru	Sekho Dingthoi Grammy Chiru
10.	Maimom Dashumati	Dashumati
11.	Gracy Konthoujam	Gracy Konthoujam
12.	Thokchom Surekha	Th. Surekha
13.	Ritu Yumnam	Ritu Yumnam
14.	Sylvia Yumnam	Sylvia Yumnam
15.	Yaikhom Sweety Chanu	Y. Sweety Chanu
16.	Priya Roy	Priya Roy
17.	Jigna Chingakham	Jigna
18.	Helena Haobam	Helena Haobam
19.	Reemi Konjengbam	K. Reemi
20.	Sushma Rajkumari	Sushma

Principal

Principal
T.S. Paul Manipur Women's College
Mongshangei, Imphal-West
Manipur